

Salt

Scripture:

You are the salt of the earth...(Matthew 5:13a)

Main Message:

Our conduct should imitate the qualities of salt and we need to live in a way that draws people to us for the glory of Him!

Materials List:

(1) Shaker of Salt

Song: *Make Me a Servant*

Lesson:

I absolutely love salty foods! There is something about my tongue that prefers salty over sweet. I could make a list of salty foods that I like to eat, but that would make both of us hungry. So, I'll just point out some of the ways in which salt works.

Salt is an interesting mineral that our Creator has given to us. There is no other seasoning that can do what salt does. We virtually cannot live without it as our bodies were designed to require salt. According to the website, www.saltworks.us, there are over 14,000 uses for salt. Salt flavors many different foods, creates thirst, and preserves food. Cleaning is one of the most interesting ways salt works. I remember my mother using salt to scrub her cast iron skillets free of dirt and rust. It can cleanse and soften skin, soothe a sore throat or heal an open wound.

As followers of Christ, we must be salt to others. How can we be flavorful enough that others will thirst for what Christ has to offer? In the context of Matthew 5, Jesus is telling His followers that they must be the opposite of what they've always known. They must be kind to others even when others are unkind to them. They must love their enemies, give to the needy, put away the love of riches, and not worry. When others around us see that we are opposite of what they've always known, it will create a curiosity, a "flavor" or "thirst" to know why.

As salt, how can we cleanse and heal? We can cleanse by setting a good example and showing people the right path. Setting a good example isn't always easy. We may risk being made fun of by others. But in the end, others will appreciate and look up to the example we've set.

As a healing agent, salt on a wound stings! But it heals the wound. How can we heal like salt? Telling the truth always! There are times when telling the truth may be difficult. Telling the truth may even hurt. But God's word is all truth and it saves souls from death. We can always trust the truth and it eventually will heal others too!

If we trust God in His word to be the salt of the earth, we are guaranteed that it will create ways in which we can bring others to Him!

Prayer: Ask to God to help us look for ways to be "salt" to those who are lost.