

Cake-In-A-Mug

Scripture:

*But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."
(Luke 10:41-42)*

Materials List:

- (1) Cake Mix
- (1) Mug
- (1) Water
- (1) Tablespoon
- (1) Microwave

Main Message:

Something is better than nothing!

Song: *Take Time to be Holy*

Lesson:

An hour of quiet study and prayer every morning. A chapter of Proverbs at lunch time. Memory work in the afternoon. Evening devotional with the whole family. Discussion of the day's Bible studies with my husband before bed. Going over our prayer list together.

If I could have my way, these would be daily occurrences. But sometimes life happens and the ideal just isn't anything like reality. It's kind of like a chocolate craving. Some days I get to meet that craving with flourless chocolate cake topped with chocolate ice cream and drenched in fudge. Now THAT is how you kill a chocolate craving! Other days, a cake-in-a-mug has to suffice. I wouldn't want to go my whole life without another bite of real cake and if I thought Death by Chocolate was off my menu for good, I'd probably cry. On those days when I just need something, though, three tablespoons of cake mix, two tablespoons of water stirred up in a mug and heated for a minute in the microwave does the trick. It tides me over.

In the same way, when life is crazy, a chapter of Proverbs read from my phone, or praying as I'm folding laundry, does the trick. It helps get me through the day. It's certainly not going to replace sit down, dig in, meaty Bible study... but it tides me over. Some days I have to remember that even though I can't have Devil's Food Delight, I can have Cake-in-a-Mug. The big difference here is that no one needs chocolate, but we do need the nourishment of God's word. That makes it all the more important to remember that something is better than nothing!

Prayer: Thank God for His provision in giving us His word and its many wonderful facets. Thank Him that today you have the opportunity to open His word and read it for yourself. Ask Him to help you remember that even on the busiest day, getting some of His bounty should be a priority.